

## CPR Course

Cardiac arrest is a medical emergency that can lead to death. With urgent medical care to restart the heart, survival is possible.

Quick decision making to recognise and assess a cardiac emergency, call for medical assistance and perform Cardiopulmonary Resuscitation (CPR) procedures will increase the chance of survival for a person who is unconscious and not breathing normally.

In this CPR course, you will learn these skills, in line with the Australian Resuscitation Council guidelines, including using an automated external defibrillator (AED), how to rotate first aiders with minimal interruptions to compressions, and what to do if the casualty regurgitates or vomits.

The course also covers conveying accurate incident details when handing the casualty over to emergency services, how to review an incident, to recognise any psychological impacts on self and other rescuers, to seek help if required and for improvement of own personal skills and response times.

### Provider of Training and Assessment

This course is delivered and assessed on behalf of  
Allens Training Pty Ltd RTO 90909

by

OCD Training, Assessing & Consulting



## Important information prior to enrolment

### Unit Being Delivered

The following unit(s) will be awarded to successful participants in this course. The certificate will be issued by Allens Training Pty Ltd RTO 90909.

### HLTAID009 Provide cardiopulmonary resuscitation

To view full unit details please visit [www.training.gov.au](http://www.training.gov.au)

## Course Delivery

This course will be delivered:

- In the workplace or at an OCD Training, Assessing & Consulting facility
- Online learning with face-to-face assessment

## Entry Requirements

Participants must have the physical capacity to perform 2 minutes of uninterrupted CPR on the floor.

Pre-course study: Students may be required to undertake online pre-course work prior to attending the face-to-face session depending on the course delivery mode.

Online study: Students must have access to a computer, smartphone, tablet, or other electronic devices with access to the internet to complete the online/ pre-course studies.

## Course Duration (face to face)

- **Face to Face – 2 hours** (minimum) – full face to face course
- **Blended delivery – 1 ½ hours** (minimum) face to face course – with the addition of 1-hour self-paced learning to be completed prior to attending the face-to-face course.
- **Online delivery with face-to-face Practical assessment** – self paced online learning with a scheduled 20-minute face to face practical assessment.
- **Refresher training – 1 ½ hours** (minimum) – conditions apply for this option, for example, you will need to provide previous current certificates.

## Assessment Requirements

Individuals undertaking this course will be expected to complete both written and practical assessment tasks. These are detailed in the sections following.

## Certificate Renewal Requirements

It is recommended that renewal for this course is undertaken annually (every year).

## Course Fees and Payments

- Please refer to our booking calendar for individual **Course Fees**.
- **Refund and fee protection policy** – Please refer to the student handbook.
- **Payment Terms** – Payment for individual participants is upfront, group booking payment terms are based on agreement between the client and service provider.

## Work Placement Arrangements

No work placement will be required as part of this course.

## Learners Rights, Responsibilities and Support, including Complaints

Please note that enrolment to this course is made with Allens Training Pty Ltd RTO 90909. Please refer to the student handbook located on the RTO website [www.allenstraining.com.au](http://www.allenstraining.com.au) for all details relating to rights and responsibilities including complaints and appeals.

## What happens at the course?

### Assessment Activities

Assessments conducted during face-to-face training session(s) include:

- **Performance tasks** – The assessor must observe the following performance tasks:
  - Perform CPR on an infant.
- **Practical scenarios** – The assessor must observe the following practical scenario:
  - Perform CPR on an adult (incl. the use of an AED and placing a casualty into the recovery position)
- **Theory assessment** – A written assessment consisting of multiple-choice questions. The student must successfully complete all assessment questions.