

Emergency Life Support Course

Having the skills, knowledge, and confidence to recognise and respond to life-threatening emergencies can save a person's life!

In this first aid course, you will learn these first aid skills in line with legal, workplace and community considerations, Australian Resuscitation Council guidelines and other Australian national peak clinical bodies.

The course covers assessing the casualty, providing safety, accessing emergency services, and using resources to provide first aid, such as providing CPR and using a defibrillator, administering an autoinjector for anaphylaxis, administering asthma medication, assisting someone choking, managing casualties with non-life-threatening bleeding and shock.

You will learn basic anatomy, physiology and the differences between adults, children and infants relating to CPR, and the importance of the chain of survival. Also, conveying accurate details when handing the casualty over to emergency services, reviewing an incident to improve own skills and response times, recognise psychological impacts from the incident, and seeking help as required.

Provider of Training and Assessment

This course is delivered and assessed on behalf of
Allens Training Pty Ltd RTO 90909

by

OCD Training, Assessing & Consulting



Important information prior to enrolment

Unit Being Delivered

The following unit(s) will be awarded to successful participants in this course. The certificate will be issued by Allens Training Pty Ltd RTO 90909.

- **HLTAID010 - Provide basic emergency life support.**
- **HLTAID009 - Provide cardiopulmonary resuscitation.**

To view full unit details please visit www.training.gov.au

Course Delivery

This course will be delivered:

- In the workplace or at an OCD Training, Assessing & Consulting facility

Entry Requirements

- Participants must have the physical capacity to perform the practical demonstrations, such as 2 minutes of uninterrupted CPR on the floor.
- Pre-course study: Students may be required to undertake online pre-course work prior to attending the face-to-face session depending on the course delivery mode.
- Online study: Students must have access to a computer, smartphone, tablet, or other electronic devices with access to the internet to complete the online/ pre-course studies.

Course Duration (face to face)

- **Face to Face – 4 hours** (minimum) – full face to face course
- **Blended delivery – 3 hours** (minimum) face to face course – with the addition of 1-hour self-paced learning to be completed prior to attending the face-to-face course
- **Online delivery with face-to-face Practical assessment** – self paced online learning with a scheduled **35-minute** face to face practical assessment.
- **Refresher training – 3 hours** (minimum) – conditions apply for this option, for example, you will need to provide previous current certificates.

Assessment Requirements

Individuals undertaking this course will be expected to complete both written and practical assessment tasks. These are detailed in the sections following.

Certificate Renewal Requirements

Certificates will require renewal after 36 months.

Learners Rights, Responsibilities and Support, including Complaints

Please note that enrolment to this course is made with Allens Training Pty Ltd RTO 90909. Please refer to the student handbook located on the RTO website www.allenstraining.com.au for all details relating to rights and responsibilities including complaints and appeals.

What happens at the course?

Learning Activities

Delivery of course information and learning activities.

Assessment Activities

Assessments conducted during face-to-face training session(s) include:

- **Performance tasks** – The assessor must observe the following performance tasks:
 - Perform CPR on an adult (incl. the use of an AED and placing a casualty into the recovery position)
 - Perform CPR on an infant
 - Manage a casualty with anaphylaxis.
 - Manage a casualty with asthma.
 - Manage a choking casualty.
 - Manage a casualty with non-life-threatening bleeding and shock.
- **Theory assessment** – A written assessment consisting of multiple-choice questions. The student must successfully complete all assessment questions.