First Aid Course

This course provides practical training for workers within an education and care setting to respond to first aid emergencies in line with legal and workplace requirements, Australian Resuscitation Council guidelines and other Australian national peak clinical bodies.

It teaches how to identify illness or injury, access emergency services, safely provide first aid treatment using action plans, equipment, and resources, for CPR, defibrillation, administering an autoinjector for anaphylaxis, administering asthma medication, immobilisation for envenomation, fractures, dislocations, sprains and strains, for bleeding and shock and other conditions.

You will learn basic anatomy, physiology and the differences between adults, children and infants relating to CPR, managing an infant or child with an acute illness, or who requires an immediate ambulance response and conveying incident details to parents, caregivers, and emergency services.

The course covers completing incident documentation and debriefing for improvement of response, recognising psychological impacts, talking with children about their emotions and seeking help as required.

Provider of Training and Assessment

This course is delivered and assessed on behalf of Allens Training Pty Ltd RTO 90909

by

OCD Training, Assessing & Consulting

Important information prior to enrolment

Unit Being Delivered

The following unit(s) will be awarded to successful participants in this course. The certificate will be issued by Allens Training Pty Ltd RTO 90909.

- **HLTAID012 - Provide First Aid in an education and care setting.**
- **HLTAID011 - Provide First Aid**
- **HLTAID010 - Provide basic emergency life support.**
- **HLTAID009 - Provide cardiopulmonary resuscitation.**

To view full unit details please visit www.training.gov.au

Course Delivery

This course will be delivered:

- In the workplace or at an OCD Training, Assessing & Consulting facility
- Online learning with face to face assessment

Entry Requirements

- Participants must have the physical capacity to perform the practical demonstrations, such as 2 minutes of uninterrupted CPR on the floor.
- Pre-course study: Students may be required to undertake online pre-course work prior to attending the face to face session depending on the course delivery mode.
- Online study: Students must have access to a computer, smartphone, tablet or other electronic devices with access to the internet to complete the online/ pre-course studies.

Course Duration (face to face)

- **Face to Face** – **9 hours** (minimum) – full face to face course
- **Blended delivery** – **6 hours** (minimum) face to face course – with the addition of 1-hour self-paced learning to be completed prior to attending the face-to-face course.
- **Online delivery with face-to-face Practical assessment** – self paced online learning with a scheduled **60**-minute face to face practical assessment.
- **Refresher training** – **6 hours** (minimum) – conditions apply for this option, for example, you will need to provide previous current certificates.

Assessment Requirements

Individuals undertaking this course will be expected to complete both written and practical assessment tasks. These are detailed in the sections following.

Certificate Renewal Requirements

Certificates will require renewal after 36 months.

Work Placement Arrangements

No work placement will be required as part of this course.

Learners Rights, Responsibilities and Support, including Complaints

Please note that enrolment to this course is made with Allens Training Pty Ltd RTO 90909. Please refer to the student handbook located on the RTO website www.allenstraining.com.au for all details relating to rights and responsibilities including complaints and appeals.

What happens at the course?

Learning Activities

Delivery of course information and learning activities.

Assessment Activities

Assessments conducted during face-to-face training session(s) include:

- **Performance tasks** – The assessor must observe the following performance tasks:
  - Perform CPR on an adult (incl. the use of an AED and placing a casualty into the recovery position)
  - Complete a first aid incident report form based on the simulated first aid scenario.
  - Perform CPR on a child
  - Perform CPR on an infant
  - Manage a casualty with anaphylaxis.
  - Manage a casualty with asthma.
  - Manage a choking casualty.
  - Manage a casualty with non-life-threatening bleeding and shock, requiring minor wound cleaning.
  - Manage a casualty with a nosebleed.
  - Manage a casualty with a fracture and dislocation.
  - Manage a casualty with a sprain and strain.
  - Manage a casualty with envenomation (snake/ funnel-web spider bite)
- **Theory assessment** – A written assessment consisting of multiple-choice questions. The student must successfully complete all assessment questions.