

## Enter and work in confined spaces and work safely at heights Course

This course set is designed for new and experienced personnel required to work in confined spaces and work safely at heights at an operational level typically in the resources and infrastructure industries. Many roles require both confined space and work safely at heights training, including safety, injury prevention and maintenance personnel, engineers, risk managers, mine managers, cable installers and transport personnel.

Participants will learn to distinguish what constitutes a confined space and working at height; key terminology; as well as understand the regulations and legislative requirements governing entering and working in and around confined spaces as well as working safely at heights. Participants will identify hazards, risks and environmental factors as well as implement appropriate control measures; conduct two risk assessments and apply for two confined space entry permits. The course also teaches students to interpret and apply risk assessment documentation, technical and safety information as well as understand the strengths and limitations of the fall protection equipment available for working safely at heights.

Students will perform two work safely at heights scenarios using various safety systems. This includes installing equipment checking and correctly fitting, adjusting, and anchoring fall protection systems and associated equipment.

Students will demonstrate how to enter, exit and work safely in a confined space according to an issued permit for two scenarios. Participants will also inspect and select appropriate personal protective gear; operate various confined space safety equipment including atmospheric testing/monitoring devices; and conduct routine servicing of all equipment and gear.

### Provider of Training and Assessment

This course is delivered and assessed on behalf of  
Allens Training Pty Ltd RTO 90909

by

OCD Training, Assessing & Consulting



## Important information prior to enrolment

### Unit Being Delivered

The following unit(s) will be awarded to successful participants in this course. The certificate will be issued by Allens Training Pty Ltd RTO 90909.

**RIIWHS202E – Enter and work in confined spaces**

**RIIWHS204E – Work safely at heights**

To view full unit details please visit [www.training.gov.au](http://www.training.gov.au)

### Course Delivery

This course will be delivered:

- In the workplace or at an OCD Training, Assessing & Consulting facility

### Entry Requirements

An individual undertaking this course will need to demonstrate the following to be eligible for entry:

- Psychological\* and physical capability to be able to meet the demands of the practical demonstrations for this course, such as the requirements to safely enter, work in and exit a confined space wearing appropriate PPE. This may involve crawling and climbing up, down, through or under structures or confined spaces, being suspended, wearing harnesses and other relevant PPE, dragging and lifting in confined and restricted environments in dark, low light or smoke-filled areas. Participants will need sufficient physical ability to lift to 15kg from ground to overhead and access heights above 2m.
- Protective slip resistant footwear/safety shoes and comfortable/practical clothing must be provided by the student and worn during the practical sessions and assessment
- Language, literacy and numeracy requirements - students must be able to read and correctly interpret required documentation relevant to the confined space entry, speak clearly and unambiguously in English, explain, describe and verify sometimes complex needs and issues and understand the permit requirements. Writing is required to the level of completing workplace forms and producing any required reports. Numeracy is required to the level of being able to correctly differentiate between high and low pressures and temperatures, voltages or masses and interpret gas test/monitoring results.

\*Safe Work Australia notes “*Working in a confined space may impose physiological and psychological demands over and above those encountered in a normal working environment. Consideration should be given to a worker’s:*

- *physical ability;*
- *ability to work in a restrictive space (for example claustrophobia) and ability to wear the PPE required to do the work (for example respirators).”*

Code of Practice - Confined Spaces, December 2011 p 14.

## Course Duration (face to face)

- **Refresher minimum duration:** 420 minutes
- **Face to Face minimum duration:** 720 minutes

## Assessment Requirements

Individuals undertaking this course will be expected to complete both written and practical assessment tasks. These are detailed in the sections following.

## Certificate Renewal Requirements

It is recommended that renewal for this course is undertaken annually (every year).

## Course Fees and Payments

- Please refer to our booking calendar for individual **Course Fees**.
- **Refund and fee protection policy** – Please refer to the student handbook.
- **Payment Terms** – Payment for individual participants is upfront, group booking payment terms are based on agreement between the client and service provider.

## Work Placement Arrangements

No work placement will be required as part of this course.

## Learners Rights, Responsibilities and Support, including Complaints

Please note that enrolment to this course is made with Allens Training Pty Ltd RTO 90909. Please refer to the student handbook located on the RTO website [allenstraining.com.au](http://allenstraining.com.au) (<https://allenstraining.com.au/students/student-handbook>) for all details relating to rights and responsibilities including complaints and appeals.

## What happens at the course?

### Learning Activities

Delivery of course information and learning activities.

### Assessment Activities

Assessments conducted during face-to-face training session(s) include:

- **Performance tasks** – The assessor must observe the following performance tasks:
  - Horizontal entry into a confined space
  - Use atmospheric monitoring devices prior to entering the confined space



Course Set – RIIWHS202E (Enter and work in confined spaces) & RIIWHS204E (Work safely at heights)

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- Work at height on a brittle surface
  - Work at height on a flat surface into a confined space
- **Documentation:**
  - Completion of two site-based Risk Assessment (JSEA/SWMS) forms and two Confined space entry permits
  - Interpret a JSEA/SWMS and ensure the control measures are appropriate for the risks identified.
- **Theory assessment** – A written assessment consisting of multiple-choice questions. The student must successfully complete all assessment questions.