

CPR, Asthma & Anaphylaxis Course

Successful completion of this course will provide participants with the skills and knowledge and most importantly, confidence, to provide first aid treatment to any person suffering a sudden illness or injury, such as asthma or anaphylaxis. This includes the skills to preserve life, prevent the condition from worsening, and promote recovery. It includes initial intervention in a casualty with a serious condition until the arrival of medical assistance, such as performing CPR while awaiting an ambulance, as well as the complete treatment of other less serious conditions, such as applying water for burns or assisting someone choking.

Participants will go further into the knowledge and skills to develop an asthma management plan and provide asthma-related first aid interventions in the workplace. The course is delivered in line with the Australian Resuscitation Council guidelines and applies to all workers or members of the community who may be required to provide first aid and CPR in the event of an emergency and manage asthma and anaphylaxis in the workplace.

Satisfactorily completing all requirement of this course provides the student with the ability to develop risk management and risk minimisation strategies for individuals diagnosed at risk of asthma and/or anaphylaxis in the workplace. This includes the development and implementation of pre-emergency risk assessment/management and the development and implementation of individual asthma and/or anaphylaxis management plans.

This course provides nationally recognised training for workers, or nominated workplace first aiders, from any industry sector and addresses the provision of care to adults and/or children in the workplace who are diagnosed as being at risk of asthma and/or anaphylaxis or displaying signs/symptoms of asthma and/or anaphylaxis.

** There are specific industries that require additional training such as childcare workers, schoolteachers and other related industries.

Provider of Training and Assessment

This course is delivered and assessed on behalf of
Allens Training Pty Ltd RTO 90909

by

OCD Training, Assessing & Consulting



Important information prior to enrolment

Unit Being Delivered

The following unit(s) will be awarded to successful participants in this course. The certificate will be issued by Allens Training Pty Ltd RTO 90909.

HLTAID009 - Provide cardiopulmonary resuscitation

22556VIC - Course in the Management of Asthma Risks and Emergencies in the Workplace

22578VIC - Course in First Aid Management of Anaphylaxis

To view full unit details please visit www.training.gov.au

Course Delivery

This course will be delivered:

- In the workplace or at an OCD Training, Assessing & Consulting facility
- Online learning with face-to-face assessment

Entry Requirements

As a minimum, entrants to the course must have literacy and numeracy competencies equivalent to the Australian Core Skills Framework Level 3. An example of an ACSF Level 3 competency is being able to read and comprehend the ASCIA Action Plan for Anaphylaxis, use and respond to communication techniques to request appropriate emergency assistance at the scene of a First Aid incident and use writing skills to complete incident reports.

Physical fitness to be able to meet the demands of the practical demonstration skills

Participants must have the physical capacity to perform the practical demonstrations, such as 2 minutes of uninterrupted CPR on the floor and performing rescue breathing techniques on manikins.

Online study options: The online learning program can be found in the student portal. Students must have access to a computer, smartphone, tablet or other electronic devices with access to the internet to complete the online studies and practical assessment.

Course Duration (face to face)

- **Face to Face – 6 hours** (minimum) – full face to face course
- **Blended delivery – 4 hours** (minimum) face to face course – with the addition of 1-hour self-paced learning to be completed prior to attending the face-to-face course
- **Online delivery with face-to-face Practical assessment** – self paced online learning with a scheduled **30-minute** face to face practical assessment.
- **Refresher training – 4 hours** (minimum) – conditions apply for this option, for example, you will need to provide previous current certificates.

Assessment Requirements

Individuals undertaking this course will be expected to complete both written and practical assessment tasks. These are detailed in the sections following.

Certificate Renewal Requirements

HLTAID009 - Provide cardiopulmonary resuscitation	12 months
22556VIC - Course in the Management of Asthma Risks and Emergencies in the Workplace	36 months
22578VIC - Course in First Aid Management of Anaphylaxis	36 months

Course Fees and Payments

- Please refer to our booking calendar for individual **Course Fees**.
- **Refund and fee protection policy** – Please refer to the [student handbook](#).
- **Payment Terms** – Payment for individual participants is upfront, group booking payment terms are based on agreement between the client and service provider.

Work Placement Arrangements

No work placement will be required as part of this course.

Learners Rights, Responsibilities and Support, including Complaints

Please note that enrolment to this course is made with Allens Training Pty Ltd RTO 90909. Please refer to the student handbook located on the RTO website allenstraining.com.au (<https://allenstraining.com.au/students/student-handbook>) for all details relating to rights and responsibilities including complaints and appeals.

What happens at the course?

Learning Activities

Delivery of course information and learning activities.

Assessment Activities

Assessments conducted during face-to-face training session(s) include:

- **Practical demonstrations:**
 - Provide adult CPR (incl. the use of an AED)
 - Provide infant CPR

- Administer asthma medication (with a spacer)
- Administer asthma medication (without a spacer)
- Administer an adrenaline autoinjector for anaphylaxis
- Provide first aid for an allergic reaction and anaphylaxis
- **Documentation:**
 - Complete a First aid/Incident report form
 - Complete a Risk Assessment
 - Complete an Individual Management Plan, which includes a Communication Plan
- **Theory assessment:**
 - A written exam consisting of multiple choice and short answer questions.