

First Aid / LVR Course

This course covers the skills and knowledge required to perform a rescue from live low voltage (LV) electrical apparatus in an electricity supply industry (ESI) environment. This does not include overhead lines and underground cables. It includes the organisational workplace requirements for the inspection and use of live LV panel rescue equipment, and how it applies to ESI workers to meet work health and safety (WHS)/occupational health and safety (OHS), mobility and mutual aid requirements.

Completing the course will provide an individual with the skills and knowledge to carry out and complete the LV panel rescue procedure and to provide a first aid response to a casualty in a range of situations, in line with first aid guidelines determined by the Australian Resuscitation Council (ARC) and other Australian national peak clinical bodies.

Due to the high-risk nature of the industry, the program is regarded as a mandatory requirement for specific industries in which employees are required to develop or maintain their professional skills.

This unit of competency stands alone and incorporates the content of the following units:

- HLTAID011 Provide First Aid
- UETDRMP007 Perform a rescue from a live LV panel

Provider of Training and Assessment

This course is delivered and assessed on behalf of
Allens Training Pty Ltd RTO 90909

by

OCD Training, Assessing & Consulting



Important information prior to enrolment

Unit Being Delivered

The following unit(s) will be awarded to successful participants in this course. The certificate will be issued by Allens Training Pty Ltd RTO 90909.

HLTAID009 - Provide cardiopulmonary resuscitation.

HLTAID010 - Provide basic emergency life support.

HLTAID011 - Provide First Aid

UETDRMP007 - Perform rescue from a live low voltage panel.

To view full unit details please visit www.training.gov.au

Course Delivery

This course will be delivered:

- In the workplace or at an OCD Training, Assessing & Consulting facility.
- Online learning with face-to-face assessment

Entry Requirements

An individual undertaking this course with Allens Training Pty Ltd will need to demonstrate the following to be eligible for entry:

- Physical capability to be able to meet the demands of the practical demonstration skills including CPR and performing rescue breathing techniques on manikins. Physical fitness to be able to meet the demands of the practical demonstration skills including manual handling in the rescue of a mock casualty.
- Sufficient English language, literacy, numeracy, and visual interpretation skills to successfully complete the course.
- Personal safety equipment (PPE) must be provided by the student and worn during practical sessions.

Important note: In order to issue an accredited certificate, CPR must be performed on the floor with no exemptions. Participants will be required to demonstrate rescue breathing techniques on manikins. Participants will not have the opportunity to request an exemption from providing rescue breaths if they wish to gain a competent result in the Unit of Competency and/or qualification.

Online study options: The online learning program can be found in the student portal. Students must have access to a computer, smart phone, tablet, or other electronic device with access to the internet to complete the online studies and practical assessment.

Course Duration (face to face)

- **Face to Face – 9 hours** (minimum) – full face to face course
- **Online delivery with face-to-face Practical assessment** – self paced online learning with a scheduled **1.5 hour** face to face practical assessment.

- **Refresher – 7.5 hours** (minimum) – with face-to-face practical assessment.

Assessment Requirements

Individuals undertaking this course will be expected to complete both written and practical assessment tasks. These are detailed in the sections following.

Certificate Renewal Requirements

The units have the following recommended renewal periods:

Unit	Period
HLTAID009 - Provide cardiopulmonary resuscitation	12 months
HLTAID010 - Provide basic emergency life support	36 months
HLTAID011 - Provide First Aid	36 months
UETDRMP007 - Perform rescue from a live low voltage panel	12 months

Learners Rights, Responsibilities and Support, including Complaints

Please note that enrolment to this course is made with Allens Training Pty Ltd RTO 90909. Please refer to the student handbook located on the RTO website allenstraining.com.au (<https://allenstraining.com.au/students/student-handbook>) for all details relating to rights and responsibilities including complaints and appeals.

What happens at the course?

Learning Activities

Delivery of course information and learning activities.

Assessment Activities

Assessments conducted during face-to-face training session(s) include:

Performance tasks – The assessor must observe the following performance tasks:

- Adult CPR (including the use of an AED)
- Infant CPR
- Anaphylaxis
- Asthma
- Choking
- Non-life-threatening-bleeding, minor wound cleaning & shock
- Nosebleed
- Fractures & dislocations
- Sprains and strains
- Envenomation
- Inspection and placement of rescue equipment
- Perform a Low Voltage rescue.
- Complete an incident report form.

Theory assessment – A written assessment consisting of multiple-choice questions. The student must successfully complete all assessment questions.